



## Good Faith Estimate

### ***What is a good faith estimate (GFE)?***

A good faith estimate is part of The No Surprises Act that was enacted in 2022 to prevent surprise billing. It applies to all providers and organizations that accept cash pay for services. It requires that patients receive a good faith estimate (GFE) on the cost of services prior to their visit. It must be provided in writing and signed by the patient. It must include the cost per service and basic estimate of the total cost based on the plan of care. The estimate can include a range in terms of numbers of visits and codes billed since a plan of care may change based on several factors, including patient progress, patient adherence to treatment, or other comorbidities that a patient may experience.

Some disclaimers to consider are that therapy needs may change and the provider may suggest additional or different services to be included in the treatment. A new Good Faith Estimate can be requested at any time. The information provided in this estimate is not a guarantee of cost, but an estimate based on clinical expertise and evaluation of the specific patient. You have the right to engage in a dispute resolution process if the actual cost of services is more than \$400 over the estimate, per session. For questions or information regarding your Good Faith Estimate, visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or call 800.985.3059.